



## Comfort ISD Meal Pattern:

Comfort ISD participates in the Offer vs. Serve Program. This program allows students to choose what they would like to eat. The meals are broken down into components and the students are required to take a certain number of components to have the meal qualify as a reimbursable meal. The following charts show the breakdown of these components.

### **Breakfast:**

Side Dish #1 – Student may select one.

Side Dish #2 – Student may select up to 1 item.

Milk – Student may select or decline.

**A minimum of 2 items must be taken.**

**A maximum of 3 items may be taken.**

### **Lunch:**

Entrée – Student must select one.

Side Dish – Student may select up to 3 items.

Milk – Student may select or decline.

**A minimum of 3 items must be taken.**

**A maximum of 5 items may be taken.**

Students are not required to select milk with their lunch or breakfast. We encourage them to take milk as one of their items due to the benefits that this product provides to young children.

