

5-29-09

School Health Advisory Council (SHAC)
Minutes for May 28th meeting #4

The following members were present:

Shana Collie (Parent), Marie Brown, RN (DSHS Health Dept), Angela Fielder (Extension Agent) and Dottie Lindner, RN

Welcome and introductions were made.

Old Business

- Blood Drive
The High School Spring Blood Drive was reviewed. A record number of donations were made by the students. The 16 year old students did well. The South Texas Regional Blood Center provided food (pbutter sandwiches) and drink to the students during the event. HOSA (Health Occupations Student Association) assisted with the event.
- Health Fair
The Health Fair was a success. Healthy snacks were served. Entertainment and door prizes were provided. Twenty five local health related businesses and groups set up booths. Fitness presentations by local school children and groups such as Taekwondo Dragons entertained the audience.
- Sexuality Education Programs that prevent teen pregnancy
Several handouts were distributed and discussed by the group.
CDC info on increased birth rate of unwed mothers -26% increase in out of wedlock births between 2002 and 2007. This is a concern because unmarried women have a higher risk of poorer birth outcomes per CDC.
"The Secret Life of Pregnant Teens", Seventeen Magazine, June 09 article was discussed. The article can be viewed at seventeen.com.
"Eduwaiter" - the Health Science Center Sex Education Program newsletter was discussed. The Worth the Wait program has lost both the state and federal funding. Sandy Bradford, program educator, reported that the UTHSCSA will provide funding at some level and they are hopeful for state monies also. More specifics will be available in the fall.
- Boot Kicking for Health Walk
The event was a success and raised much needed funds for the Mission for Health- the adult health clinic in Kendall Co. There has been an increase in new patient visits recently due to the economic downturn and people losing their jobs and medical insurance.

New Business

- H1N1 (Swine) Flu Update
Marie Brown reported that 2 cases were reported in Kendall Co. The Health Dept will continue surveillance over the summer and there probably will be a vaccine

next fall. Marie discussed that this is a newly discovered virus and the importance of continued precautions to reduce the risk of illness and staying home for 7 days when ill. The challenges of this different recommendation were discussed by the group. Impact on school attendance and students using computers for class work while at was discussed.

- Legislative Update on SB 283 (relating to SHAC)
Information about the bill was distributed and progress of bill was discussed. The purpose of the SHAC was reviewed and the need for more parents to serve on this important committee was stressed.