

10-9-09

School Health Advisory Council

Minutes for Meeting #4

The following members were present:

Shanna Collie
Kathy Ray
Doris Reeh
Marie Brown
Darla Flynt
Dottie Lindner

Old Business

The only agenda item was the discussion of the “Big Decisions” program for the middle school. Input from teachers Coach Chrisman and Coach Reeh was discussed. Plan for 5 lessons each for the 7th and 8th determined. Discussion of legal issues for teen parenting and sexual activity discussed. Possibility of presentation by Children’s Advocacy Place of Kerrville discussed. Abstinence may be encouraged by student knowledge of the short and long term legal responsibilities of sexual activity. Discussion and plans for developing curriculum for 6th grade.

“Big Decisions” curriculum reviewed and changes determined.

First Lesson

Chapter 1 and 2 combined to include
Rules of the Game
Anatomy/Reproduction
Body Parts
Reproduction True/False Lesson

Second Lesson

Relationships and Romance
Healthy and Unhealthy Relationships and Sex
Activity 3.2- Healthy and Unhealthy Relationship Scenarios
Love /Lust /Crush and Wrap Up

Third Lesson

Sexually Transmitted Diseases HIV/AIDS
Index Cards Activity
Common STDs
Addition of Goals/Dreams
Power to say No
Wrap up

Day 4

Abstinence and Contraception
What is Abstinence?
Why Should I Wait
Wrap Up/Transition
Contraception
How do people get pregnant?
Birth control methods

Day 5

The Power to say No
Setting Limits
Pressure Situations
Role Play (the party)
Wrap Up and Evaluation

Minutes submitted by Dottie Lindner

